

Helen Mountfield QC

Client Information Leaflet



matrix
chambers

About Helen

I am a barrister at Matrix Chambers in central London.

I specialise in challenges to decisions by public authorities or other bodies which have not acted fairly or in the way the law requires. I specialise particularly in discrimination and equality law, employment, education, the law which relates to health, community care and the welfare state, elections, human rights and some other areas of law. I can represent anyone who needs my help.

I have been a barrister since 1991, and I became a QC (Queen's Counsel) in 2010.

How I will work for you

My work for you may involve giving advice, writing legal documents, or representing you in a court, tribunal or meeting.

As your barrister I will work closely with your solicitor, and sometimes with other more junior barristers. But my primary duty is to you, not to your solicitor or to anyone else. I will do whatever I legally can to protect and advance your interests.

I will keep what you tell me confidential if that is what you want. But I cannot tell a court (or anyone else) anything that I know isn't true.

I will do whatever I can to help you through the legal process. Please tell me or your solicitor about any concerns you have. And do ask all the questions you want to ask.

How to contact me

Barristers are normally allowed to communicate with their clients only through clients' solicitors. But you can contact me through your solicitor. Please tell me or your solicitor about any questions or concerns that you have.

In court

Going to court can be stressful. I will do everything I can to explain the process to you and to put you at your ease. If you have any questions, just ask.

Please don't be surprised if I am friendly to the other side's lawyers and witnesses. Friendliness is usually the best tactic.

Feedback and complaints

I value all feedback. Please do let me know, at any time, what you think, good or bad.

If anything is wrong, I would always want to know and to put it right. Please tell me, or your solicitor, straight away.

If you wanted to make a complaint about me, speak your solicitor first, or to Lindsay Scott, the Chief Executive of Matrix (020 7404 3447). You can also complain to the Legal Ombudsman Service on 0300 555 0333 or www.legalombudsman.org.uk.

More information

You can find out more about me and my chambers on the Matrix website at www.matrixlaw.co.uk.

You can find out more about how barristers work, and read their code of conduct, on the Bar Standards Board's website at www.barstandardsboard.org.uk.

If you want this leaflet in a larger print format, please ask.